

Touch
&
See

The purpose of this tool is to spend time talking and listening to Jesus. Take your time on each page. Don't feel like you must finish the book in one sitting. The Lord may have you spend a prolonged time on just one page. Or, the Lord may direct you to a different focus than what is suggested here.

The Lord would like to talk to you. Be sure to spend this time with Him. Consider these three prayers before you begin to help you focus on Him during this time.

1. Submit to God's Lordship. Ask Him to silence your thoughts, desires and opinions. (2 Corinthians 10:5, Proverbs 3:5-6) If you're not sure how to do that, you can simply pray, "Lord, will you silence my opinions and any other thoughts that would keep me from hearing your voice, in Jesus name."
2. Resist the devil by asking Jesus to silence his voice and distractions in your mind. (James 4:7; Ephesians 6:10-18) Simply pray, "Lord, will you silence the voice of the devil from my mind, in Jesus name."
3. Expect an answer from God. Ask the Father to help you hear Him and He will. (John 10:27; Psalm 69:13; Exodus 33:11) Simply pray, "Speak Lord, and help me to listen."

John 10:27-28

“My sheep listen to my voice; I know them, and they follow me. I give them eternal life; and they shall never perish; no one can snatch them out of my hand.”

Stop and let the Lord speak to you. What is Jesus saying?



Matthew 11:28-30

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

What has wearied or burdened your life? Let the Lord speak to you concerning that burden and invite him to put his yoke upon you.



Psalm 86:11-13

“Teach me your way, O LORD, and I will walk in your truth; give me an undivided heart, that I may fear your name. I will praise you, O Lord my God, with all my heart; I will glorify your name forever. For great is your love toward me; you have delivered me from the depths of the grave.”

Let the Lord minister to your heart.